MONARCH

Monarch Vol. 3, No. 11 | Saint Leo College – Saint Leo, Florida | December 5, 1974

Copeland Towns First Choice

Students Elected To Town Commission

One incumbent and one new member were elected to the Saint Leo town commission on Tuesday, November 26th. In spite of the number of students who had left for the Thanksgiving break, 91 registered voters cast their choices in the election. The two commissioners will serve for two year terms without pay.

Greg Copeland received 58 votes, followed by incumbent Vince Harmon with 55 votes to win the two seats. Gerard Mulligan received 32 votes. Six write in candidates received votes in the election: Bert Sutton, 11; Paul Shaw, 10; Hugh Dunne, 7; Brother Joachim Svetlosky, 3; Brother Fred Sherrer, 1; and Helene Christmas, 1.

It was suggested by write in candidate Paul Shaw that such a great response for write in votes was due to the fact that townspeople believed that Commissioner Al Kiefer would be running for reelection. When they learned he was not, their response was to vote for a write in candidate, rather than for the students who were running.

Vandalism Hits Guys Dorms

Saint Leo's crime rate has recently taken off at a soaring rate with destruction in the resident halls and student center of various vending machines and lounge equipment.

Marcus Baker took the Monarch staff on a grand tour of the vandalized machines and devastated lounges. The senseless damage of the lounges has caused much bitterness and the inevitable closing of these facilities to student use.

One of several Coke machines that were robbed. Repairs to the vending machines will run several hundred dollars, according to Marcus Baker, manager of the Cage.

Four Coke machines in different buildings on campus were broken into and both money and soda were taken.

In the lounges, pool table covers were ripped, walls were punched in, televisions were destroyed and one ingenious student actually disconnected the lounge's television antenna and connected it to his own stereo.

It has been College policy in the past to add the damages up and charge each student user proportionally. Mr. Paul Shaw, Dean of Men, says that if the vandals are not discovered, charging the students is the only fair way to cover the useless costs. The vandalized Coke machines, according to Mr. Shaw, are going to be covered by the Coca Cola people. The machines, at a $200 loss a piece, were apparently jared open with a crowbar.

The Student Center was most likely broken into by the same individual: the machines bore the same crowbar markings. The cigarette, soda, and snack machines were all ransacked.

The ultimate in the rash of senseless vandalism took place over the Thanksgiving holidays when a student pulled the electrical fuse box out of the wall in Lee Marvin. According to Marcus Baker the fuse box could have easily burned down the entire building.

At the time of printing, the Saint Leo Police Department has not made any arrests.

COLLEGE UNION BOARD

Special Elections Notice

Elections for the College Union Board will be held on December 13, 1974 in the Student Center. In order to qualify for one of the three posts existing in each class or for the post of representative for the Fine Arts Division, it is necessary to obtain the signatures of 10% of the members of the class or division. Nominating petitions must be returned to the SGA office with the necessary number of signatures by Monday, December 9th at 12:00.

CUB Initiated

The Student Senate this week will consider the College Union Board Constitution. The constitution establishes the framework within which the College Union Board or, as it will come to be known, CUB will function to provide Saint Leo students with "activities and programs of a social, cultural, educational and recreational" nature. The formation of the board came about in an effort to provide a structure for coordinating and sponsoring the college's dances, concerts and lectures, leaving the SGA to concern itself with matters more directly concerned with student life on campus, dorms, food, students rights, etc.

The new CUB will begin its work in January. It will be made up of 12 students, three from each class, a student from the Division of Fine Arts, Mrs. Hazel Whitman the college social director, Mr. Earl Grauer Chairman of the Division of Fine Arts, a faculty member and the President of SGA Jim Loiacono, and Mr. Louis O'Gorman Vice President of Student Affairs both of whom serve only as "ex officio" members, having voice but no vote.

The board will have an annual budget of approximately $23,700. Students through their $10.00 per semester fees contribute the bulk of the funds, $20,000, with Fine Arts contributing $3,000 and the Vice President for Academic Affairs, $700. These figures will vary year to year according to the population of the college, as the CUB finance schedule is based on Fine Arts and Academic Affairs contributing according to a stated percentage in relation to the college's enrollment.

The College Union Board will be broken down into eight committees each looking after a different aspect of coordinating and sponsoring an activity or program. The committees are: membership, budget, concerts, dance, recreation, special events, movie and public relations and publicity.

The CUB will also elect a chairperson, vice chairperson, secretary and treasurer. The board will meet at least twice a week.

Tentitive Calendar

Vacations In Jeopardy

Consideration is now being given to the academic calendar for the '75 - '76 school year. Several proposals have been advanced thus far.

Among those receiving consideration is a plan by the Vice President for Business Affairs Robert Richmond. Mr. Richmond, in an effort to save both the students and the college money, proposed eliminating the various breaks that have in the past been spread throughout the year. Remaining in his proposed calendar are recesses on Thanksgiving and Good Friday. School would start at the same times, but would end a week early in December with the last day of classes on December 10th.

According to the Academic Affairs office, this plan has been somewhat modified. The breaks in October and February have been reinstated and the Thanksgiving break has been extended from one to three days. Classes will be held on Labor Day according to both plans. This was retained at the urging of students on the Student Senate Academic Affairs Committee who felt that, for fresh persons, the lag over the holiday has in the past not been positive. Many fresh persons want to get started with classes right away, after being here several days for orientation and registration.

The calendar is still under discussion, with some final adjustments being made concerning the date of graduation. The Vice President for Academic Affairs stated that both his office and the records office need several days to compile the list of graduates and other aspects of that program.

The persons Monarch spoke to in the administration expressed that they are aware of the need and desire for breaks on the part of the faculty and students.

Colleges Leadership Asked To State Goals

College Union Board To Test SGA

The coordination of social programs and activities by the Student Government Association will end in January when the members of the College Union Board take office. This change is more substantial than it might seem. The Student Senate has concerned itself for the better part of the semester with the planning and funding of social functions. The senate has not considered even one proposal in the area of dorms, food, handbook regulations or other areas directly affecting student life.

The enactment of the College Union Board constitution is the most constructive step that the senate could possibly take in paving the way toward eventual involvement of SGA in areas of real student concern. No longer will the SGA concern itself with, nor have its time monopolized by, the planning of concerts and dances. For the first time in the history of Saint Leo College, there will exist a body whose full time function it is to see to the general welfare of the students.

In order that this transition to a College Union Board take place smoothly, the entire college is going to have to work together, with individuals and organizations coming together for their mutual benefit. The students can make the job easier by electing competent and hard working people to the CUB.

Student Government will also be tested next semester. Will it come across with creative and imaginative proposals aimed at resolving a number of 'dated' problems? Every year dorms are talked about and complaints are leveled, with promises of action not far behind, but the promises never seem to get acted upon between April and August, and the whole process begins the cycle again for another year. The same cycle exists with the cafeteria, but nothing happens. Curfew is another typical item that runs the BS circuit.

It is in the interests of all parties concerned, administration, faculty and students, to eliminate the BS circuit. With mutual respect and honest, open and fair dealings on the part of all concerned, things can be accomplished. There are benefits to be derived from solving these annual purveyors of frustration. Continued neglect will only worsen the existing problems.

In order to establish a dialogue of cooperation, Monarch repeats its call of a month ago, that the President of the College and the President of Student Government meet and issue a statement plotting a course of joint action, listing specific goals that the two leaders wish to attain by graduation day 1975.

We, the community of Saint Leo College await your proposals!

Monarch

Vol. III December 5, 1974 No. 11

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MONARCH is the official publication of the collegiate community of Saint Leo College. Opinions expressed do not necessarily represent the views of the MONARCH staff, or the College's administration or faculty, unless otherwise stated. Articles, letters to the editor, pictures, display advertisements and other copy should be submitted one week prior to the next publication date.

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Ford Defense Proposals Found Wanting

by Jerry Mulligan

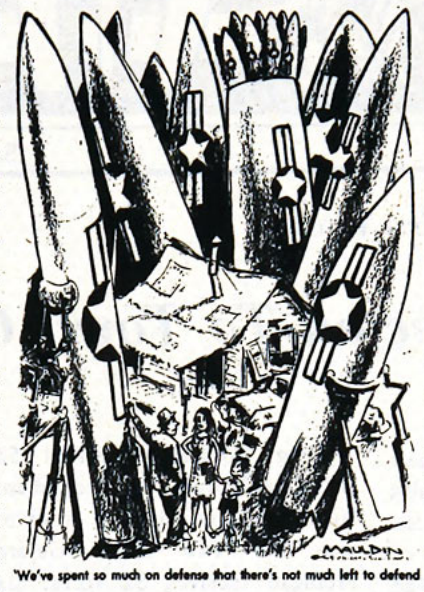
On December 2, 1974, President Gerald Ford addressed the nation concerning his recent trip to Russia and discussion of limiting nuclear missiles and multiple war heads.

Mr. Ford should be congratulated for this first step towards bringing peace to the world. Both the United States and the Soviet Union are now limited to only 2,400 missiles and of these only 1,320 are permitted to have multiple war heads. This agreement should be placed high on the records of presidential treaties, about as high as the last treaty with Sitting Bull. Because that is what this treaty is, Sitting Bull.

In this time of continuing recession, the cost of the Strategic Arms Budget only hits the American citizen for an additional $18 billion.

Mr. Ford claims that he has brought equality to the arms race. But there never can be equality in any race, when the inevitable loser is man. It might be true that if a nuclear war took place next year, Russia and America could only kill the same amount of people – everybody.

According to Mr. Ford, we have now put a "cap on the arms race." But he also claims that we will have to increase the military budget because of inflation.



"We've spent so much on defense that there's not much left to defend

Since this year's military budget was sent to Congress, $3 billion have been cut off. One might get excited about this, if he did not know that the Health, Education and Welfare department's budget was cut $4.6 billion. Once again, Americans have shown that it is more important to be the biggest military power in the world, even though we have millions who are starving, millions who are uneducated, and millions who lack decent medical care.

It is a fact that there could be war anytime. But if that war comes about, all of mankind will lose. Why are Americans taught that war is the only way to solve problems? Why not teach all the people of the world about the horrors of war? Instead of spending $18 billion on a single jet, why not start an education program that teaches about the alternatives to war?

Why spend billions on defense, when our cities are crumbling into dust? Instead of making bigger bombs, why not start a public employment program for the 15 million jobless?

It is a fact that if a war comes about, our unemployment and inflation problems will be solved. But are we proud of the fact that we find it a lot easier to kill a man than educate him?

Is Proposed Academic Calendar In The Students Best Interest ?

By Al Love

As was reported in the November 14th issue of Monarch, the 1975-76 academic calendar is being readied. Being readied for whose convenience: the students' or the college's bank account? As it is tentatively scheduled, we will have only one day off all first semester, and that day is Thanksgiving. With this form of plan, the college can close down seven days earlier than usual and save you money on dorm expenses and the food program also makes seven days' clear profit. This year the meal plan has 115 days in it for $332. for $2.88 per day. Next year there is only 108 days, seven times $2.88 comes to $20.16 per student per semester. 800 students (Marmion & McDonald Cafeteria) brings the per semester savings to $16,128 for the two meal plan to divide. This all is based on the possibility that the price will remain the same and the "quality" will remain at its present level. Yes, I know, the college is in dire need of funds, but not from the students. They already give 69 per cent of all funds. It's about time the college gave the student some consideration and not just the bank. Because without the students, the college would need a Credit Union not a bank.

I would like to see the college give us off the 13, 14 and 15th of October and the normal three days at Thanksgiving and end the semester on the 17 of December.

Semester two shapes up about the same. The college in an attempt to maintain its imagined "Catholic" image will be generous and grant us Good Friday off. For semester two we could hold registration on the 4 of January and begin classes on the 5th. Mid semester break could be on March 1, 2, 3. Good Friday is the 16 of April and class could end on the 22 of April with commencement formalities on the 25. I am sure that the records office people could finish their work in three days, as they have managed to do this in the past.

Meridith Wilson, composer of musical, "The Music Man," has written the WIN song. He was commissioned by the American Society of Authors and Publishers to write the song to, in the words of its composer, "reach out throughout the country and do some good." Wilson has donated the song to the public domain and will reap no personal profit from the song.

The song has not been officially released. The following is transcribed version as it was sung by Mr. Wilson on the "Tomorrow" program, so sing it proudly as you Whip Inflation Now . . .

WIN

We'll win together, win together,
That's the true American way—today,
Who needs inflation, not this nation,
Who's going to pass it by,
You are and so am I,
Win together, lose never!
IF you can win so can—I!

Mother Frustrated Over College Telephone Service

Dear Editor:

Please read this with an open mind. On page 3 of the September 12, 1974 Monarch, you advertise "Communication Problem? Perhaps Monarch can help! " Then perhaps you can. We here in New York are at the end of our rope. What is wrong with the telephone system at Saint Leo? Last week we tried three days to reach our son. No one answers – ever! Today we tried unsuccessfully for five hours (10 minute intervals). Don't tell me that no one is around, because I finally made a 1250 mile trip to the campus and saw boys all over the place at different times of the day. Doesn't it occur to anyone that a parent might be interested in talking with his son or daughter (son, in our case)? What about emergencies? Forget it! I called the main switchboard – the long distance operator said, "they 'might' be able to get a message to him." Thanks a lot!

Telephone communication leaves something to be desired.

We're even making a game of it – on Monday, Wednesday and Friday – I call every hour on the half hour – on Tuesday, Thursday and Saturday my husband calls on the quarter hour – Such Fun!

I will admit that I finally got through after going to a Charismatic prayer meeting and praying to the Holy Spirit (which incidentally is every Thursday night at 8:00 at Saint Leo Abbey).

I guess that will be the only way until Monarch comes up with an answer.

HELP!

Sincerely,

Frustrated Mother, Mrs. M. Jean Belle, Newburgh, New York

Migrant Olympics held in the Bowl sponsored by Phi Theta Chi.

Phi Theta Chi Migrant Olympics

On Saturday, November 16th. Phi Theta Chi fraternity sponsored a Junior Olympics for 75 children of migrant workers. The olympics began at 10:00 a.m. and ended at 3:30. Phi Tau Omega donated their time to organize the girls' events. Julie Bower, a Vista worker, also helped in the activities. Phi Theta Chi treated kids to hotdogs and kool aid during the olympics. The children were impressed by their tour of the lion's den. Transportation was provided by a $20 grant from SGA.

SGA Members Attend Regional Conference

One of the achievements of SGA this past semester was to join the United States National Student Association (NSA). This organization represents 625 schools across the country and provides these schools, both two and four year institutions, with many services and they also assist these colleges with information on a large range of topics. The weekend before Thanksgiving the NSA held a conference for the greater Southeast Region in New Orleans, Louisiana. Greg Copeland and Al Love were sent by the SGA to represent Saint Leo College at this conference.

Among the topics discussed were the possibilities of establishing a student book club, a travel bureau and a life insurance program.

STUDENT BOOK CLUB:

This program offers member schools a 10 per cent discount on all books in print. The possibility of the SGA to set up a low price campus book store was discussed. This would cut down on the budgetary dent the college operated book store puts on students.

NSA TRAVEL BUREAU:

This program enables the students of membership schools to take group trips at reduced cost. The main objective of this bureau, though, is to make money for NSA. This is the same way a travel agency functions.

NSA LIFE INSURANCE TRUST:

This program is the best NSA offer to individual students. Through this program you can buy life insurance for $20 per year until graduation and then your rates will change according to health and age.

This conference should have dealt with many more topics, but due to inadequate planning the range of discussion was severely restricted.

Reader Comments On Theater And Accusation Of Yellow Journalism

Dear Editor:

The enervated lion of saint leo lies in its architectural tomb. While the somambulant beast sleeps on its concrete bed, over in the prep school building euphemistically known as the "The Fine Arts Department", musicians and sculpturors and dramatists and dancers create in the ancient prep school "complex."

But neither scientific or sport complexes could over-shadow the beauty brought here by the Jean Spear Ballet Company. The decrepit theatre became a cathedral of art and the misbegotten stage was transformed into a thing of beauty as the ballerinas transfigured their miserable surroundings with the genius of their art.

Sincerely yours,

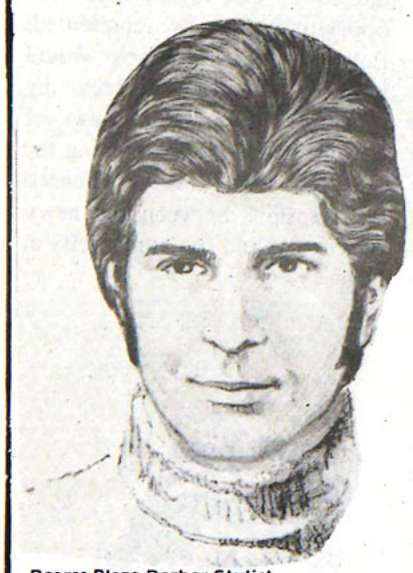
Brother Bernard, OSB

P.S. A man by the name of Lincoln Steffens was known as the "Muckraker" and H. L. Mencken was called worse than "yellow" because these geniuses called our human foibles as they saw them with pungent pepper added. They were categorized. When a creative talent of a student lets its juices flow, let us not be too critical with our tenured subjectivity by attempting to "yellow" it. Actually, yellow is a beautiful color.

YELLOW

i touched the new yellow
presence of you
when i found your being
in the new morning of my life
and we discovered our love
in the late time
of the yellow moon.

SHEAR BEAUTY



Bearss Plaza Barber Stylist
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Roffler has done it again—two hairstyles created especially for men and women using a unique "his and hers" shear cut technique—the U.S. Male and the Ladies Choice!

The two styles are alike in the basics yet tantalizingly different, enhancing the similarities between the sexes while emphasizing the contrasts.

The U.S. Male and Ladies Choice are just two of the wide range of styles learned and fashioned by Roffler Hairstylists.

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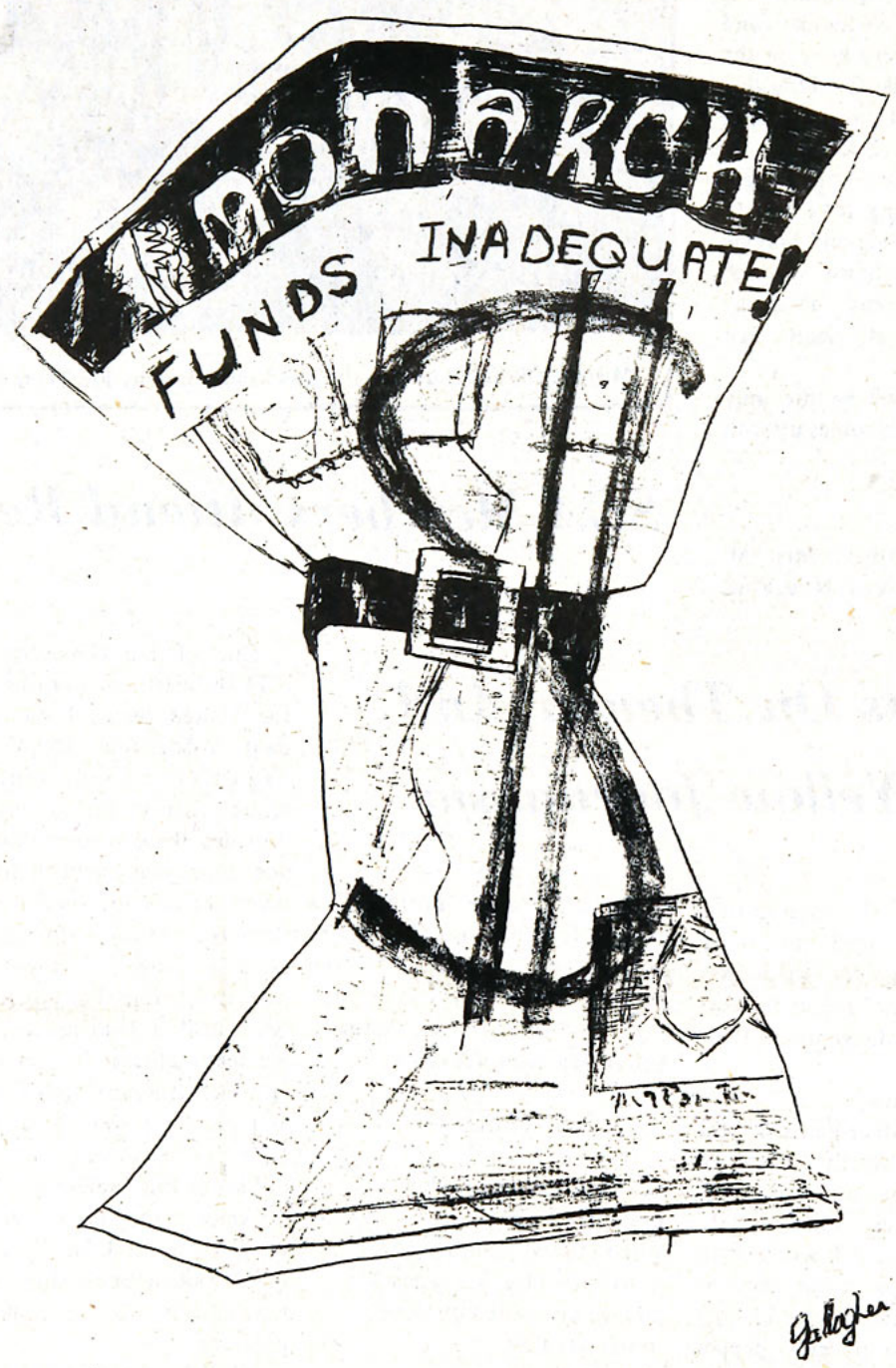
Town Refuses De-annexation Petitions

On November 18th the Saint Leo town commission decided to deny the requests of several residents to be de-annexed from the town. Residents on Pompanic Drive were refused on the grounds that de-annexation would have created an island of county property within the town boundaries. The residents of Christmas Drive withdrew their de-annexation petitions. The meeting was the first reading of the new littering ordinance and of the Southern Standards Building Code. It was learned that all streets on campus, except Campus Drive, are now private roads, no longer property of the town. The commission also decided to pave Christmas Drive.

Also seeking to be de-annexed from the town was John Burks. Mr. Burks owns the groves adjoining the northeast corner of the college campus as well as footage along Lake Jovita. The commission adopted a motion to ignore the petition of Mr. Burks. In effect, this means that the Burks properties will remain in the Town of Saint Leo. Mr. Burks rejected attempted compromises on the part of two commissioners and in doing so he stated that he would go to court if necessary to remove his properties from the town.

The next meeting of the town commission is December 9th.

Monarch Has Problems Too



Because Saint Leo is a liberal arts college, the importance of communication should be evident. Communication is a medium of expression, but it also is a means of keeping in touch with different elements of the college community. Although this is obvious, it has not been emphasized as much as it needs to be. Therefore, one element of the community faces a difficult task.

The task ten individuals faces each week is the production of the college newspaper, the Monarch. Although producing a publication seems simple enough, it is in fact time-consuming and often difficult.

There are five basic steps involved in the process of producing a newspaper. The first step is writing the articles. The second step is editing the articles and sending them to a printer to be copied. The third involves cutting and arranging the printed copy on layout sheets. Next the original copy is taken to another printer and is duplicated. Finally the copies are returned to the newspaper staff and distributed throughout the college community.

The steps sound easy enough and for the most part are. But a great deal of time is spent researching and reworking the materials in the first step, writing the articles.

Because Saint Leo is small, reporters can obtain information easily. One can interview the president of the college almost as easily as he/she can the students attending the college. The reporter can obtain information from almost every level of the college community: students, faculty, staff, and administration.

What is most difficult is attempting to satisfy diverse interests of the college community, especially when one is limited to an eight-page newspaper in which much space is reserved for advertising. Without advertising, the newspaper could not be produced on a weekly basis.

This is a situation which many face, that of operating on an inadequate, fixed budget.

The Monarch receives $4,500 yearly for materials and production costs. In previous years this has been adequate for the production of the Monarch. This budget was adequate because the paper was printed infrequently, so infrequently that it could be mailed to Saint Leo Post Office boxholders. The Monarch was also printed on more expensive paper than it is now. Because the paper was printed less often, the staff could afford to be less frugal. There were also half as many pages last year as there are this year.

Extravagance has not been the question for Volume III of the Monarch. The newspaper comes out weekly on newsprint which smudges. What is important, though, is the fact that the newspaper is produced routinely and is a reliable medium of communication for the college community.

But the problem still exists. Now that the community has a platform to speak from, every group within the school wants its voice heard: Phys. Ed. people want more sports; Fine Arts, more event coverage; organizations, their own columns. Everyone wants to be heard. But on a tightly limited budget, few can be obliged directly with such coverage each week. Instead, Monarch must limit itself to event coverage.

It is not easy, nor is it proper, to refuse one part of the college community the opportunity to express ideas or newsworthy items. But it has been done this year, and must be done until the newspaper budget can more adequately accommodate the needs of the community. Therefore, it has become the task of the newspaper staff to attempt to represent the school. The staff attempts this by trying to choose materials geared toward overall student interests, and also by presenting newsworthy events as they occur on and off campus.

Yet, being 10 people out of about 1,000, the Monarch staff cannot represent the entire college community, so some become dissatisfied and complain. The medium of expression would seem to foster rejection rather than increase community awareness.

There is a possible solution: increasing the length of the Monarch to 12 pages. Then, sections of the paper could be designated to certain groups within the college community. And hopefully all could enjoy the medium of expression rather than frown upon it because it does not include certain information about their club or organization.

This change would necessitate a large budget and also a commitment on the part of concerned parties to participate in the production of the newspaper. For the now overburdened staff could not accommodate the needs of the various groups. But it would be easy to work these details out, if a larger budget provided the opportunity for a longer newspaper.

Communication as a means of keeping in touch with different elements of the college community is obviously necessary. And for adequate coverage of the different elements of the community, a larger publication is necessary.

Past experience has shown that solving problems can be easy at Saint Leo. When a baseball field was needed, money was found to build one. When the cheerleaders needed new uniforms, a benefactor was found. When the lion needed a cage, money was found to build one.

The issue is not one of "have-nots" nit-picking. A longer newspaper would give more individuals and organizations the opportunity to be represented. Enlarging the Monarch would heighten campus awareness by providing a broader view of campus life. And lengthening the Monarch would relieve unnecessary tensions between the newspaper staff and the community at large.

Saint Leo Community Service Involvement Up 200%

Saint Leo College students con uted 1,798 hours of voluteer time in local projects and programs of community service, according to a list just released by Pat Reilly, Community Action Agency representative for this area.

Mr. Reilly lists 20 "Student Involvement Projects" completed by various individuals and organizations of Saint Leo College over the last year. Noted in the listings are several cleanup projects of parks and rivers by the Circle K, Phi Theta Chi and Alpha Sigma Chi fraternities.

Circle K members laying a sidewalk for the Dade City y Care Center.

Also listed were various tutoring and social affairs projects. A sociology class and Circle K both sponsored Halloween parties, one at the Day Care Center and the other at the Dade City Convalescent Home.

There were also several events sponsored for the benefit of migrant children by Circle K and the Phi Theta Chi fraternity. Circle K sponsored a five week migrant recreation project on Saturdays, contributing a total of 150 hours on that project alone. Phi Theta Chi, in another 150 hour effort, put on a "Migrant Kids Olympics" for over 75 children. Last year at this time some 30 students under the direction of Brother James of Saint Leo Abbey and with the cooperation of the Vista volunteers held a "Migrant Kids Christmas Fiesta," for a contribution of some 300 hours.

At Carver Heights, Sigma Lambda brothers cleaning up after a fire destroyed this home.

The Sigma Lambda fraternity aided victims of a fire and in one hour cleaned up the debris of the destroyed home. Five students, working on Saturdays for five weeks, aided the victim of a stroke in building his home, 125 hours of volunteer labor.

Reilly noted that this was only a partial list. He also stated that, "Student involvement at Saint Leo is up 200 per cent this year over last, with considerably more participation on the part of some fraternities."

Professor Gill To Hold May Sesssion In Soviet Union

Each May, for the past five or six years, we have taken a group of students over to Europe on educational and cultural tours. This year we are in the process of arranging a second trip to Russia. Four years ago we had a very successful trip to the Soviet Union and we have quite a revival of interest in a return visit – especially as Russia now provides a relatively moderate cost tour. The total cost of this trip will be about $1,295.

We will visit Poland and Czechoslovakia – coming and/or going and will have about three weeks in all. In addition there will be the usual Papal audience. The Papal visit has become a sort of traditional affair and my personal contacts with the Vatican make this visit assured.

In Russia we will stay in Moscow, Leningrad and Kiev, with various trips to such places as Novgorod, Rostov, Peterhof, Yaroslavl, and others. If the Red Square area of Moscow is reopened to the public on schedule, we shall v s the Kremlin with all its ass ations with Russian history and culture.

Quite apart from its political value – the history and culture of Russia is usually an eye-opener to students. Its colorful past, its contributions to culture for the past 800 years have been noteworthy. It is hoped that an evening at the Bolshoi Theater in Moscow will provide an example of Russian Opera or Ballet at its best. Leningrad also has much to offer in the way of art and music as does Kiev.

All in all this would provide a deeply interesting visit to a part of Europe that is increasingly becoming of more importance to the United States.

Please do not hesitate to contact me – Professor Harry Gill, extension 225, room 16, Carmel Hall, while you are on campus, or write me later at P.O. Box 2301, Saint Leo, Florida 33574. A more detailed agenda will be published in next week's Monarch.

The Cracker Barrel
Ice Cream Parlour & Sandwich Shoppe
200 S. Curley Street
San Antonio
(1 block south off Hwy. 52)
Lasagne Dinner
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National News Notes

WHITE HOUSE OFFICIALLY ANNOUNCES

The White House conceded that the United States is moving into a recession. Presidential Press Secretary Ron Nessen said figures show industrial production has been declining with layoffs in the automobile industry, among others.

BUTZ JOKES OUT AGAINST POPE

Agriculture Secretary Earl Butz recently cracked a joke about Pope Paul IV offending many Catholics, who called for his resignation. Butz was referring to the Pope's stand on birth control, now more controversial than ever because of the food shortage. In a mock Italian accent he stated, "He no play the game – he no make the rules." His resignation was requested by several members of Congress and a Catholic Archbishop of New York.

UDALL WILL RUN IN '76

Rep. Morris Udall (D-Arizona) became the first Democrat to officially open his presidential candidacy. In his announcement, the Arizona liberal said he will enter the 1976 primaries in New Hampshire and other states. Two days earlier, Sen. Walter Mondale withdrew from the race. Sen. Henry Jackson and Gov. George Wallace are expected to officially announce their candidacies in the near future. Udall called for party unification, "There's a name for a political party that can't get together – losers."

FORD ANNOUNCES CANDIDACY

President Gerald Ford announced that he will definitely run for president in 1976. The President wants to stunt the growing notion that he will not run in 1976. Ford's announcement is expected to strengthen his presidency.

UMW HEAD OPTIMISTIC

Arnold Miller, president of the United Mine Workers Union, predicted that at least 60% of the nation's 120,000 striking coal workers would accept a proposed new wage contract, and may return to work by Wednesday. The miners went on strike when their old contract expired Nov. 12th.

PUERTO RICAN CITIES ARE BOMBED

Four Puerto Rican cities were the victims of the worst sabotage attack in many years there. No injuries were reported, although businesses and government property were heavily damaged by bombs. Many of the bombs were placed in or near water mains, worsening the condition of the island's crippled water system. The National Guard was put on full alert.

'I don't believe in such books, but I okayed it, but it involved raising all that money, but then I forgot all about it, but then . . .'

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NOTICE TO ALL STUDENTS: The Encounter needs your contributions. Any persons with prose, poetry or fiction, please contact Liz Shonter at the Monarch Office.

RISING UP ANGRY COMIX
HI THERE! I'M GERRY FORD-YOUR NEW PRESIDENT...
I'M JUST A REGULAR GUY-I COOK BREAKFAST IN THE MORNING...
HUNGRY
BACK THERE IS MY LITTLE HELPER VICE-PRESIDENT ROCKY
AND YOU REMEMBER HENRY
WE MAKE QUITE A TEAM-US TWO
ROCKY'S GOT LOTS OF EXPERIENCE
HENRY-I WANT YOU TO HAVE THE C.I.A. TAKE OVER CHILE--SPARE NO EXPENSE!!
HEH-HEH
NEXT
ENGLISH MUFFIN-MY FAVORITE
I WANT YOU GOONS TO MASSACRE AFFICA... NATURL NO LIMITS!!
NEXT
JELLY!! YUM-YUM
MY OIL PROFITS ARE DOWN! HAVE CONGRESS O.K. A PRICE HIKE... SPARE NO PRESSURE!
WHAT'S HOLDING UP MY EGGS, BOY?

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Cafeteria Service Denies SGA Request For Deli

by John Gallagher

At the last Student Senate meeting (Nov. 14, 1974), the chairperson of the food committee gave his report: The plans for a deli service fell through, as a representative of Interstate United refused to give permission for the project. Bill Thompson also said that things are being done to curb the waste in the McDonald Center cafeteria. Extra portions will no longer be given, unless a person re-enters the line. The number of glasses to be used will be limited to prevent waste of beverages. The possibility of students reassessing the cafeteria service in the future was mentioned. Hopes of having a service such as is offered by Morrison's Cafeteria came up. A senator mentioned that her uncle, who is well acquainted with the practices of food services, said, "A company like Interstate United is more interested in making money and not in providing quality food." The senator also said that if Saint Leo was less interested in bringing in money from the food service, the students could be provided with quality food.

It was announced that the Board of Trustees' Student Affairs Committee met recently. The senate was told that they realized that the dorms are in "terrible shape," but, they say, "money problems do exist." They also promised that before we leave in April, something will be done about the dorms. Mr. Louis O'Gorman, Vice President for Student Affairs, said, "I share the tremendous frustration of the students." He estimated that between 15-18 students would be lost each year to the college, unless something is done about renovating the dorms. O'Gorman added that the top priority of the Board of Trustees is improvement of the dorms. When an inquiry of tennis court improvements came up, SGA President Jim Loiacono responded, "If we don't get the dorms improved, there will be no one here to play tennis." Mr. O'Gorman brought the appearance of the campus up for attention by saying, "The campus is filthy." He also wanted all the students to be on the lookout for campus break-ins, which are more frequent between now and Christmas.

Treasurer Carmine Sesa reported that approximately $650 was left in the miscellaneous account, most of this semester's budget having already been spent on planned social activities.

The social committee reported that all their money has been spent for this semester.

Liz Shonter, chairperson of the Academic Affairs Committee, read out the results of the June session survey. The results were positive.

The Student Rights Committee mentioned that the problems of curfew and visitation need to be examined.

The Religious Committee announced that six needy families needed food for Thanksgiving. A motion was brought up, requesting that $100 be given to the families. It was passed unanimously.

A motion to donate $20 to Phi Theta Chi, enabling them to rent a bus and driver for the Jr. Olympics, was also passed by the senate.

The SGA received a letter from the U.S. National Student Association, inviting the senate to send representatives to a conference in New Orleans. After discussion, $400 was given to senators Greg Copeland and Al Love for the trip. The meeting was recessed at 5:00 p.m. There was no meeting on November 17th because of Thanksgiving vacation.

The next meeting will be this Thursday at 4:00 in Selby auditorium. The public is encouraged to attend.

FREE MOVIES

"The Sterile Cuckoo" December 9 and "Red Sky at Morning" December 11 are the last two movies scheduled for this year by the SGA. Both films will be shown at 7 & 9 p.m. at the Cage.

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PCL 224 Text Wanted. Quick cash for "Politics From the Inside Up". See Professors Savio or Davidson.

Have some old texts you won't be needing? Need some cash to buy next semester's books? Sell your unwanted books through MONARCH Classifieds for $ $ $ Wide exposure, guaranteed quick sale.

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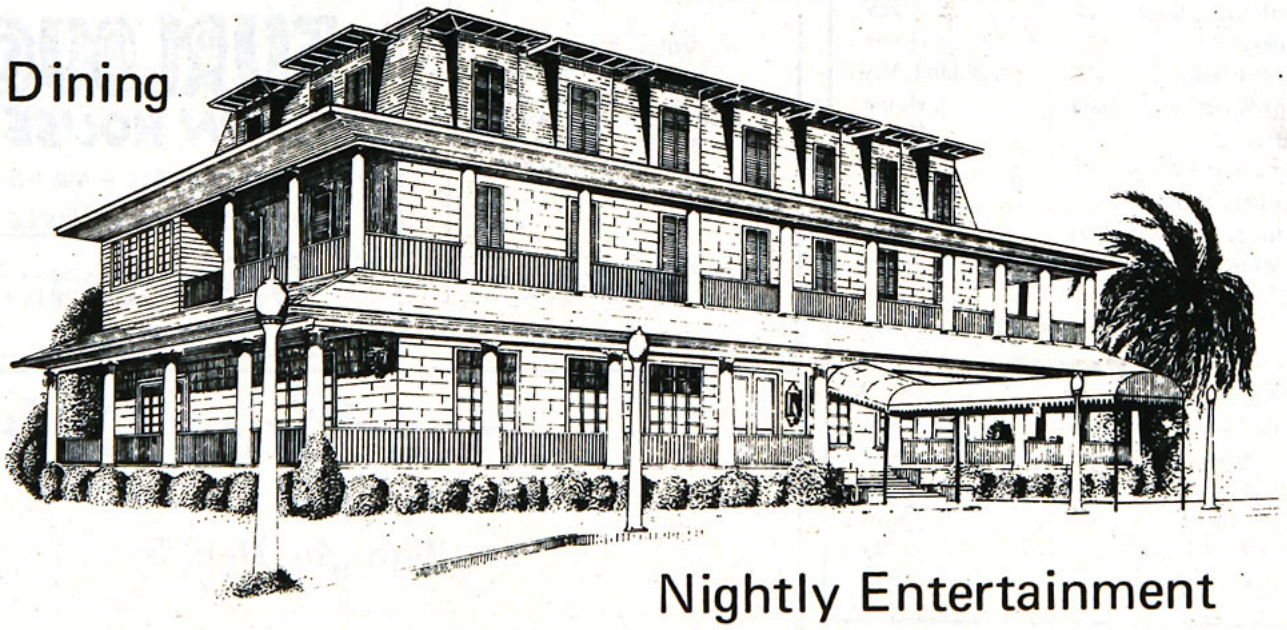

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One Last Look

By Tommy Schellenberg

As the football and soccer teams concluded their seasons on November 16th with losses, the hopes for a successful team now lie in the hands of the basketball team. And so, I thought it only appropriate to highlight individual players who were consistent during the year of their respective sports.

In football, special attention goes out to James Giles, Bill Manders and Mike Weller of the defense and Jimmy Mulligan, Joe Leone, Rich Rosenswie and Steve Steen of the offense.

In soccer, congratulate Bob Dinucci and Charlie Hanvetta as the players who contributed most to the soccer team.

For the final words on these two teams, I remember when old grandpa Schellenberg used to say, "Give it your all, son, that's all I can ask."

Saint Leo College
VARSITY BASKETBALL ROSTER
1974 - 75

Name	No.	Pos.	Class	Height	Weight	Hometown
Allen, Leamon	40	C-F	Jr.	6'5	190	Chicago, Ill.
Brown, George	44	F	So.	6'2	190	St. Petersburg, Fla.
Byrd, Mike	30	C-F	Jr.	6'7	185	Lakeland, Fla.
Church, Dave	52	C	So.	6'6	205	West Allis, Wisc.
Daw, James	20	G	So.	6'0	175	Evergreen Park, Ill.
Fitzgerald, John	10	F	Fr.	6'8	190	Chicago, Ill.
Fitzgerald, Larry	54	C	Fr.	6'8	190	Chicago, Ill.
Hengesbach, Alan	32	F	Sr.	6'2	185	Wyoming, Mich.
Hueber, Tim	4	G	Fr.	6'3	180	Philadelphia, Pa.
Kuhlman, Peter	12	F	Jr.	6'2	180	Fort Mitchell, Ky.
Maracich, Dan	24	G	So.	5'11	165	Chicago, Ill.
Perry, Al	14	G	Jr.	5'10	170	Flushing, N.Y.
Phillips, Dave	22	G	Jr.	5'10	150	Hewitt, N.J.
Shields, Frank	34	F	Sr.	6'3	180	Crystal Lake, Ill.
Sledjeski, Roy	42	C-F	Jr.	6'7	200	Seymour, Conn.

MEN'S BASKETBALL SCHEDULE

Nov. 29-30	Western Carolina Classic	Cullowhee, NC
Dec. 4	Rollins College	Away
Dec. 7	Clearwater Christian College	Home
Dec. 13	Florida Southern College	Away
Dec. 19	Pfeiffer College	Home
Jan. 4-5	Yellow Jacket Classic	Ashland, VA
Jan. 8	University of Waterloo, Canada	Home
Jan. 11	Baruch College	Home
Jan. 13	Bethune-Cookman College	Away
Jan. 18	Florida Southern College	Home
Jan. 21	Florida Institute of Technology	Away
Jan. 24	Bethune-Cookman College	Home
Jan. 25	Florida Technological University	Home
Jan. 28	University of North Carolina, Charlotte	Away
Feb. 3	University of West Florida	Home
Feb. 5	Rollins College	Home
Feb. 8	Florida Institute of Technology	Home
Feb. 11	Florida Technological University	Away
Feb. 14	Eckerd College	Home
Feb. 17	Presbyterian College	Home
Feb. 22	University of West Florida	Away
Feb. 24	Birmingham Southern College	Away

Home Opener Set for Monarchs

And yet we begin another sport at Saint Leo. So far, we have a combined record between soccer and football of 6-15, excluding forfeits. Our high hopes are now pinned on the basketball season insofar as we look for more victories than losses.

Opening night is this Saturday against Clearwater Christian College in the Marion Bowman Activity Center. A junior varsity game will precede the varsity game at 8:00.

SPECIAL NOTICE

Julie Bower would like to extend her personal thanks to the college community for their cooperation with Vista's in the area, particularly Phi Theta Chi and Alpha Sigma Chi and Jim Buckman.

A sour view of that sweet stuff.

America has turned into a nation of sugar addicts. In 1972 we consumed an average *126 pounds* of caloried sweeteners per person. More than two pounds a week for each and every one of us. Enough sugar to cause serious danger to your teeth, general health and possibly even your heart.

If you think you're not eating as much sugar as the average American, you're probably mistaken. Much of our sugar intake is *hidden* in sweetened foods like snacks and soda pop, cakes and candy, desserts and cereals, and even in sauces and frozen vegetables.

It's high time we stopped the sweet talk about that sweet stuff. Here are some bitter facts from doctors, nutritionists and the U.S. government:

Sugar contains *no* vitamins, *no* minerals, *no* protein.

Sugar contains *only calories* — as many as 30 per rounded teaspoon.

Sugar is *not* a necessary part of a balanced diet — you do *not* need to eat sugar at all since a healthy body converts all the energy it needs from other foods.

Sugar rots your teeth. Tooth decay afflicts 98% of Americans. And a dental bill can hurt even more than a toothache. Evidence indicates that sugar is the primary villain in causing tooth decay. The sour candy you suck on or the soda pop you suck up drenches your teeth in sugar.

Sugar can make you fat. When you eat sugar it's easy to take in more calories than you need because sugar is *nothing but calories*. And you only need a little sugar to get a lot of calories

Sugar may affect your heart. Recent studies suggest a relationship between high sugar intake and heart disease. Some doctors believe that eating too much sugar could be as harmful to your heart as excess fat consumption.

Sugar interferes with good nutrition. If you substitute sugar for good nutritive foods, you dilute your nutrient intake. If you add sugar on top of a balanced diet, you'll probably get fat.

What should you do about this sour view of sweet stuff? Now that you know that sugar is not all sweetness and light, here are a few suggestions. Skip presweetened cereals, try a little fresh fruit on regular cereal instead. Put less sugar — or none at all — in your coffee or tea. Stop using sweets as a reward to children for good behavior (or you run the risk of giving them a sweet tooth for life.) Switch to snacks and drinks like nuts, raw fruits, whole and skimmed milk and unsweetened fruit juices.

Actually, the best thing you could do is to completely stop adding sugar to your food. But that's a pretty tall order. What you and your family should do is *cut down on sugar*. You'll be amazed at all the fun things to eat that aren't sweet!

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